



THERAPEUTIC NEUROSCIENCE EDUCATION

FOR: PT, OT, PTA, OTA, ATC, OTHER LICENSED HEALTHCARE PROVIDERS

Course Description

This course is designed to update participants on the latest evidence and clinical application of Therapeutic Neuroscience Education (TNE) for patients in pain. Current best evidence has shown that neuroscience educational strategies utilizing neurobiology and neurophysiology are able to reduce pain, increase function, reduce fear and catastrophization, improve movement and change cognitions and brain activation during pain experiences. Therapeutic neuroscience education changes patient beliefs regarding their pain, thus reducing the threat of pain. This class will discuss the evolution of TNE, why neuroscience education is needed in physical therapy and, more importantly, the clinical application and implementation of TNE for patients with acute, sub-acute and chronic pain.

Course Objectives/Outcomes

- Discuss the latest evidence for therapeutic neuroscience education.
- Demonstrate the clinical ability to apply therapeutic neuroscience education to clinical practice with the use of at least one metaphor shared in class.
- List at least half of the output systems discussed in class and their response in a chronic pain patient.
- List potential strategies to implement therapeutic neuroscience into clinic practice regarding time, staff, billing and traditional therapeutic treatments.

\$499

Credit:

17.5 HOURS/1.75 CEU/17.5 CCU

Length:

2 DAYS

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Course Details

Faculty:

Kory Zimney
PT, DPT, PHD, CSMT, TPS,
CAFS, ACCIP, Pain Science

Course Date:

October 21 - 22, 2023

Course Location:

Clarkson College
101 S 42nd St.
Omaha, NE 68131